

Newsletter November 2021



### World kindness Day

"World Kindness Day is celebrated annually on November 13th. On this day, we should strive to make the world a better place by celebrating and promoting good deeds and pledging acts of kindness, either as individuals or as organizations.

Unfortunately, we live in a world that is riddled with stress, stigmas against mental health and substance abuse, violence, and a lot of unhappiness. World kindness day is one day a year when individuals can go out of their way to practice kindness and spread good deeds to others.







#### Children's Day

Every year, we celebrate Children's Day on November 14, the birth anniversary of India's first prime minister Jawaharlal Nehru,

which is celebrated as a tribute to Nehru.

Nehru, fondly called 'Chacha Nehru'. A day that celebrates children, promotes child rights and their welfare. According to the United Nations, parents, teachers and people from different walks of life play a crucial role in the celebrations. Childhood is a universal experience, something every adult across the world has gone through. For many, childhood is a time we are nostalgic for. It's a time of curiosity, imagination, exploration and incredible development.



International Men's Day

International Men's Day is celebrated on November 19 every year to raise awareness about the health of men and boys, promotes gender equality and focus on the issues they face. The theme for International Men's Day 2019 is "Making A Difference For Men And Boys". The theme focuses on the need to value men and boys and enable people to make improvements in the areas of health and well-being of men's and boys. As today's men are striving for gender equality and patiently attempting to remove the negative images and stigma associated with men in our society.







Success Story: Roti Ghar:
Mission that helped
people to overcome food
and medical struggle

The world was hit by the first wave of the Covid19 virus in the year 2020. This brought the whole world to a standstill. To help as many people as possible we aggressively scaled up our projects under 'Roti Ghar' in association with Ananta, Dil Se, and Child Help Foundation and started serving fresh meals to more than 2000 kids every day in Mumbai, Bangalore, Hyderabad, Odisha & Delhi. They also provided medical kits consisting of basic medicines such as paracetamol, aspirin, antibiotics, vitamins along with an Oximeter and Thermometer gun which costs around Rs. 2000 per kit.



## Success Story: Inayat, the ray of hope

Inayat's heart defect was diagnosed immediately after her birth. She would cry continuously and would hardly sleep.

She would get bluish colouration of skin on and off. Their every visit to the doctor would only get them disappointed more and more as Inayat 88failed to get proper treatment.

At last, a ray of hope shined brightly when Inayat started getting proper treatment in Indraprastha Apollo Hospital, Delhi. Her constant crying reduced and she would get good sleep. Inayat has to undergo open-heart surgery for her recovery. With the help of Child Help Foundation and Filaantro Inayat has a healthy heart.







# Sponsor school expense of children from marginalised sections in dharavi

The Mother Theresa Charitable Trust is a Mumbai based NGO working in the area of education and is constantly striving to provide quality education to the marginalized section of the society. Most of the students studying in the school run by the Trust come from low economic backgrounds. The pandemic year has added to their woes. They have been reduced to poverty. Many have lost their parents due to Covid and their grandparents have become their caretakers. These children are unable to pay for their education though they are dedicated to pursue their education further. The aim is to provide a better quality of education.



## Help Yashoda to raise money for her husband

Hello, my name is Yashoda and I need your help in saving my Husband,
Channakeshava aged 37 years who have

been diagnosed with chronic kidney
disease stage 5. My husband was the sole
breadwinner for the family as he used to work
as a daily wager in an industrial unit in Bengaluru
before being diagnosed with chronic kidney disease.

Not only do we have to manage our monthly income but also the medications and treatment bills. We cannot afford all these expenses on our own now. It would be helpful for us if you could consider and contribute money towards the cause and support our family during this crisis.







Thank you Again.

We appreciate you for coming forward and helping the society.

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