



NEWSLETTER JULY 2022





The floods in Assam this year have been unforgiving for the people who reside there, and the situation is just getting worse by the day.

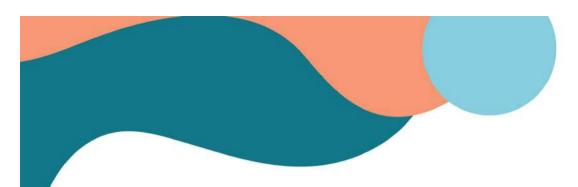
Heavy floods caused by incessant and untimely rains have affected more than 29.70 lakh people scattered across 1,929 villages across 29 Assam districts. The flood situation remains grim as the total death toll rises to 173 individuals as of today i.e 2nd July 2022. While many of us are saved in our homes from the floods, others are fighting for their lives and are struggling to survive.

Every single rupee can make a difference!

Your assistance in this time of need might be a silver lining for the people of Assam. Your contribution will enable us to provide essential relief in the form of dry food rations, hygiene kits, shelter kits, medical kits, and clean water to the people who are traumatized by the floods.



You can do your part by clicking here.





Rath Yatra Event



The much-anticipated Rath Yatra also called Ratha Yatra or Car Festival Puri started on **Friday**, **July 1**, **2022**. The celebration of this day begins considerably earlier, with the construction and decoration of the **Rathas or Chariots** by a large number of devotees and volunteers. The three chariots that serve as the centrepiece of the Yatra are propelled by **strings**.

The nine-day Rath Yatra commemorates Lord Jagannath's stay at Gundichha Temple with his siblings; Sister Devi Subhadra and Brother Lord Balabhadra. Filaantro and Child Help Foundation distributed free food to 12,000 devotees during the Rath Yatra celebration with the joyful participation of 40 volunteers.

Read more about the event on our blog: Rath Yatra: Walk through the Chariot festival of Lord Jagannath





Beach Army: A initiative to save our Seas

For Life On Earth, We Need To Save Our Seas (Insert wave Emoji)
Child Help Foundation started its own beach clean-up programme
'Beach Army' in collaboration with our crowdfunding partner
Filaantro. The programme was joined by Beach Warriors and The
Institute of Chartered Accountants of India (Vasai Branch), who
supported the on-ground activities.

The clean-up activity was carried out at **Velankanni Beach**, **Uttan**, **Bhayandar** in Maharashtra. The volunteers participated enthusiastically in the program and collected **500 Kg worth** of garbage from the beach. Click here to support our **campaign** to clean all the beaches in Mumbai.

Be a part of the Beach Army today!!



Your contribution gave Aliya hope a better future. Thank you!



Aliya Fatima is a 15-year-old beautiful girl from West Bengal was diagnosed with End-Stage Renal Disease.

Her father is a **driver** earns up to ₹10,000/- per month supporting the family of six. Having depleted all of his savings while treating his ailing daughter and tending to his family's basic needs.

Doctors had advised a **Kidney Transplant** would be her last hope of survival. After a lot of challenges, the family was striving to face this difficult phase of their life. The estimated cost of the surgery was ₹ **10,55,000**.

The expense was huge and the family was not able to raise such a huge amount for their daughter's surgery. They had already put everything they own at risk to save Aliya. Our donors came to rescue and made the surgery possible. Now Aliya is all better and enjoying her life. Thank you!



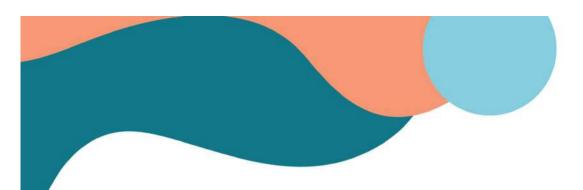
Your help saved Shabeer and Jahana's miracle baby girl!



Mrs. Jahana gave birth to a premature baby girl in the seventh month of her pregnancy. The baby's father, Mr. Shabeer, recently joined a company that distributes medical supplies. He is the only breadwinner in the family of six, including the baby's grandparents and uncle. Mr. Shabeer earns ₹8,000/- per month. The family is from Kozhikode, Kerala.

Mrs. Jahana had **some complications** in her uterus due to which her body could not bear the weight of the baby for more than seven months. In March 2020, she lost her first child, who also had to be **delivered preterm**. This baby girl is the couple's miracle baby. The doctors at Iqraa Hospital, Kerala had advised a prolonged NICU Stay for the baby girl to develop completely. **The estimated cost of this is ₹ 3,00,000/-** (Rupees Three Lakhs Only).

Mr. Shabeer had already borrowed a huge sum of money from his relatives and friends to pay for his wife's treatment and medicines. Because of your support his baby was saved. Thank you!!







Some heroes don't wear capes, we call them doctors.

Doctors save lives, but their importance goes far beyond that. Doctors also make a difference by **helping patients minimize pain**, recover from a disease faster or learn to live with a disabling injury.

National Doctor's Day is observed in India to recognise and appreciate the **significant roles and responsibilities of doctors**. The annual celebration of this awareness campaign also helps common man to become **aware about the roles**, **importance and the precious care delivered by doctors**.

Kudos to all the doctors around the world that thrive in every situation and help us selflessly.









The much-anticipated Rath Yatra also called **Ratha Yatra or Chariot Festival Puri** begins on Friday, July 1, 2022. The celebration of this day begins considerably earlier, with the construction and decoration of the Rathas or Chariots by a large number of devotees and volunteers.

The three chariots that serve as the centrepiece of the Yatra are propelled by strings.

Rath Yatra or Jatra is the celebration of Lord Jagannath's travel to his aunt's residence, which is thought to be the **Lord of the Universe**.

Lord Jagannatha, his brother **Lord Balabhadra**, and his **sister Devi Subhadra** are all worshipped throughout this **world-famous event**.





July 3: International Plastic Bag Free Day

Plastic pollution is a global catastrophe and sadly it is a man-made one. According to @UNEP reports, **75 to 199 million tonnes of plastic** is currently found in the ocean. A majority part from this waste consists of plastic bags.

About eight million tonnes of plastic enter the ocean each year, so solving the problem may seem overwhelming. One of the major problems in managing plastic waste has been the **lack of credible**, **actionable data and knowledge**. If we understand the characteristics of plastic waste, we will be able to manage it better and use it properly.

We need to stop using plastic products and plastic bags that end up in the ocean disrupting marine life. **World Plastic Bag Free Day** is an initiative to spread awareness about the global issue that plastic bags are leading.

We have only one earth and we need to save it all costs. What are you choosing Planet OR Plastic?





July 7: Global Forgiveness Day

Imagine, this world would have been such a **happy place to live if no one held any grudges against anyone**. Whenever there would be a quarrel, a fight or an argument people would talk with utmost transparency and resolve the issue.

This requires a **significant act of forgiveness**. Global Forgiveness Day is marked on July 7 to spread awareness about the healing power of forgiveness and its importance for a peaceful life. Studies have proved that people who choose to forgive are **healthier and happier**.

FORGIVE THE ONES WHO HURT YOU

This #Globalforgivenessday, practise the peaceful act of forgiving others & yourself.





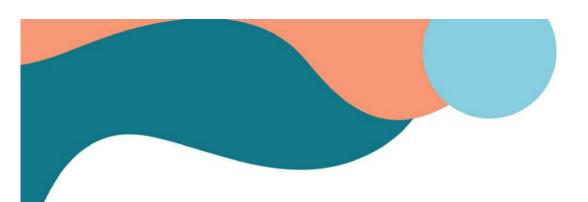


Eid al-Adha, also known as **Bakrid**, **Bakra Eid**, **Qurban Bayarami or Eid Qurban** is celebrated by Muslims all over the globe on the tenth day of the **Islamic month of Dhu al-Hijjah**.

'Eid' means festival in Arabic, while the word 'adha' means 'sacrifice.' Eid al-Adha commemorates Prophet Ibrahim's intended sacrifice of his son Ismail to honour Allah's wish of sacrificing what he loved the most.

According to legends, when Ibrahim was about to willingly sacrifice his son, god replaced Ismail with a lamb. An angel also appeared before Ibrahim and stated that Allah was pleased with his devotion.

From then on, Bakrid celebrates Ibrahim's intended sacrifice of his son and his devotion to god. **To commemorate Ibrahim's sacrifice**, people buy goats or sheep the day before the festival and **sacrifice them on Bakri Eid**.



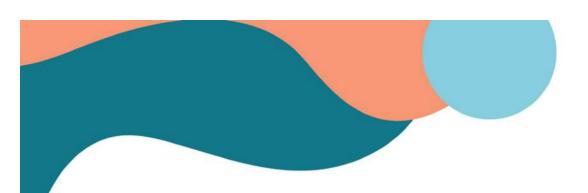


July 11: World Population Day



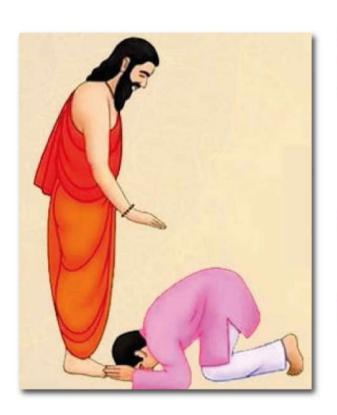
As per UN In 2011, the world reached a population of 7 billion. This year, the number will hit 8 billion, prompting the attendant responses. World Population Day is observed on July 11 every year, which seeks to raise awareness about current population trends affecting the world. It focuses attention on global demographic issues including: poverty, gender equality, maternal health, hunger, disease, warfare and human rights. This year's World Population Day theme is:

A world of 8 billion: Towards a resilient future for all - Harnessing opportunities and ensuring rights and choices for all.





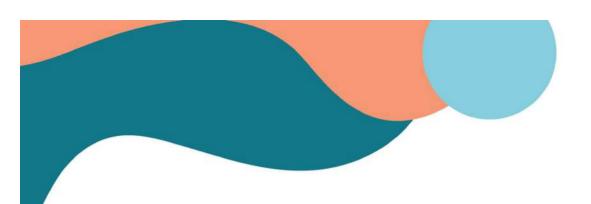
July 13: Guru Purnima



In the Vedic way of life, the day of Guru Purnima was considered the most potent day for students to access the phenomenal powers of their teachers. Even today, students/disciples show their gratitude to their Gurus.

Guru Purnima is the day to commemorate the importance of Guru (teacher). Guru is worshipped on this holy day. According to the Hindu calender, this day falls on **Purnima Tithi (full moon day) in the month of Ashadha**. Guru is the person, who shows the right path and enlighten us with knowledge and who brings us out to the light from the darkness.

To all the Gurus, thank you for sharing knowledge, enriching lives and blessing the lives of disciples. Happy Guru Purnima!





July 15: World Youth Skills Day



In 2014, the **United Nations** General Assembly declared 15 July as World Youth Skills Day, to celebrate the strategic importance of equipping young people with skills for employment, decent work and entrepreneurship.

World Youth Skills Day 2022 takes place amid concerted efforts toward socio-economic recovery from the COVID-19 pandemic that are interconnected with challenges such as climate change, conflict, persisting poverty, rising inequality, rapid technological change, demographic transition and others.

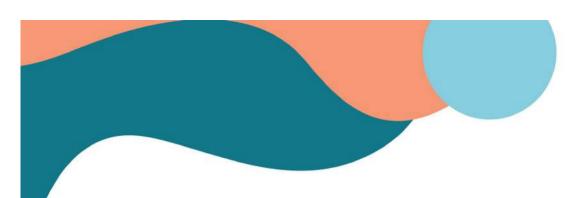




July 17: World Day for International Justice

WORLD DAY FOR INTERNATIONAL JUSTICE 2022: World Day for International Justice is observed on July 17 to commemorate the organisations that work for bringing justice to the victims of international criminal acts.

This day marks the celebration of individuals as well as organisations who work in the domain to protect and preserve human rights of such victims. On a global scale, people come together to promote international criminal justice and International Criminal Court (ICC) by hosting multiple events and raising awareness.





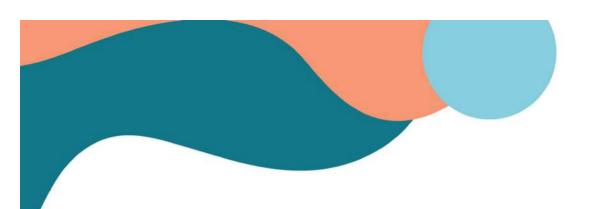
July 26: Kargil Vijay Diwas



Kargil Vijay Diwas (Hindi: कारगलि विजय दिवस, lit. Kargil Victory Day) is commemorated every 26 July in India, to observe India's victory over Pakistan in the Kargil War for ousting Pakistani Forces from their occupied positions on the mountain tops of Northern Kargil District in Ladakh in 1999.

The Indian soldiers had secured this victory after a three-month conflict that led to a loss of lives from both sides. The Indian side lost nearly 490 officers and soldiers.

On this day we honour the war heroes and participants. Every year, the Army organises functions and events across the country.





July 28: World Hepatitis Day



World Hepatitis Day, July 28, is a chance to increase national and international hepatitis activities, stimulate actions and involvement by people, partners, and the public, and emphasise the need for a bigger global response, as highlighted in the WHO's 2017 Global Hepatitis Report. The 28th of July was designated as the birthday of Nobel laureate Dr. Baruch Blumberg, who discovered the hepatitis B virus (HBV) and created a diagnostic test and vaccination for the virus.

In 2022 the theme is 'I Can't Wait'. On World Hepatitis Day, 28 July, we call on people from across the world to take action and raise awareness of hepatitis because Hepatitis Can't Wait.



July 29: International Tiger Day



As per **WWF**, Global Tiger Day is celebrated every year on July 29th as a way to raise awareness about this magnificent but endangered big cat.

Perhaps 100,000 wild tigers inhabited the Earth a century ago. Due to severe poaching and habitat devastation, that population had dropped by an estimated 95 percent by the turn of the century.

Tigers previously roamed throughout Asia, but in recent decades, populations have been reduced to 13 countries: Bangladesh, Bhutan, Cambodia (locally extinct), China, India, Indonesia, Lao PDR (locally extinct), Malaysia, Myanmar, Nepal, Russia, Thailand, and Vietnam (locally extinct).

A lot of people are not aware of these threats, and so spreading the knowledge can help to make sure that we all do our bit to ensure that the tiger's future is a fruitful one.



Stand Against Hunger: Save Lives and Give Hope



"हमारी भूख मिटती हैं|" "हमे हर बार की तरह अब भूखे पेट नहीं सोना पड़ता|"

These were the replies from most of the kids when asked how they feel about the warm food. We are raising this campaign **To End Hunger** and **Ensure Food For All**. These hunger awareness campaigns are raised to encourage people to be mindful of what's in front of them on the table, as well as what ends up in the trash.

Filaantro, along with the Child Help Foundation, Roti Ghar, partner NGOs and volunteers has started a project **Zero Hunger** where we provide warm and nutritious meals to 2000 underprivileged children every day in various parts of the country. Mr. Chinu Kwatra, the founder of the **Khushiyaan Foundation** initiated "Roti Ghar" along with **Ananta Foundation** to eradicate malnutrition among slum children.

This initiative is our bit to the global goal- **Zero Hunger** of the United Nations to end hunger by 2030. We need your support to continue this project and cater to more children with such meals. **Support Now!**



With your help I can save my son's life and bring him home

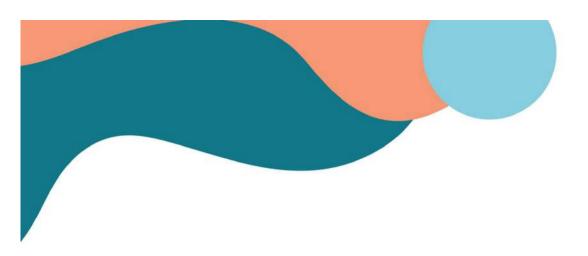


I am Peterson Fernandes. My 17-year-old son Donovan Hayden was diagnosed with cerebral palsy and fragile X syndrome when he was 6 months old. This was caused due to the negligence of the doctors at the time of his birth.

My earnings are very low and whatever I earn is exhausted fast because of all the household expenses including my son's medical expenses. I am the sole bread earner for the family. We are recommended to have medical setup at home to take care of Donovan so that he doesn't contract any more infections and get a lease of life, he will need medical equipment on a long-term basis.

The total cost of the equipment is coming to ₹3,53,440. I, along with my wife, would like to humbly request you to help us in whatever way possible so that I can purchase this equipment and save my son's life.

Support Now!





Thank You Donors.

We appreciate you coming forward and contributing in making a difference in the society.

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