



NEWSLETTER APRIL 2022

National Stress Awareness Month

Since 1992, April has been designated as **Stress Awareness Month** to promote awareness of the causes and treatments for our modern stress pandemic. The last two years have been the most difficult for us, and our services will be inundated by people who are struggling and seeking help in 2020. Our theme for this year is "**Community.**"



Social isolation is a significant **risk factor** for both **mental illness** and **suicide**. As we emerge from the pandemic, the community assistance that so many people have benefited from during this difficult period must continue. Even though most limitations have been abolished, people require assistance now more than ever as they acclimate to a **new way of life**.

Social life have been disrupted, huge events have been cancelled, travel restrictions have been imposed, and working from home has kept us in one spot for long periods. However, one of the wonderful aspects of this unprecedented scenario has been the outpouring of community spirit and **support** for so many people.

World Autism Awareness

The United Nations General Assembly declared April 2nd is **World Autism Awareness Day** to emphasise the importance of **aiding people** with autism in improving their quality of life so that they can **live full** and **meaningful lives** as citizens.



Autism affects people all around the world, and a **lack of understanding** has a big impact on people, their families, and their communities. The **stigma** and **discrimination** associated with **neurological disabilities** continue to be substantial impediments to diagnosis and treatment, and both developing and developed countries must address this issue.

The best way to commemorate World Autism Awareness Day is to learn more about the characteristics of people who have this difficult condition. The theme for 2022 is "**Quality Education for All**". This year's observance will focus on inclusive education in the context of SDG 4 - the promise and reality.

World Health Day

World Health Day is celebrated every year to commemorate the anniversary of the founding of the **World Health Organization (WHO)** in 1948. The primary role of WHO is to direct international health within the United Nations' system and to lead partners in global **health responses**.

The theme for World Health Day 2022 is '**Our Planet, Our Health**'.

As per WHO, In the midst of a pandemic, a polluted planet, increasing diseases like cancer, asthma, heart disease, on World Health Day 2022, WHO will focus global attention on urgent actions needed to keep humans and the **planet healthy** and foster a movement to **create societies focused on well-being**.

WHO estimates that more than **13 million deaths** around the world each year are due to avoidable environmental causes. This includes the climate crisis which is the single biggest health threat facing humanity. The climate crisis is also a **health crisis**.



Encourage a Young Writer Day

Every year on April 10, National Encourage a Young Writer Day is observed. The majority of youngsters are born storytellers. Their fascinating stories are the result of their **brilliant imagination** and **inventiveness**. Children who love to read are usually meticulous storytellers.



Reading develops imagination, vocabulary, and discipline, all of which are essential skills for writing and storytelling. If you know a young person who enjoys reading, this might be an indication of a future great writer. **Encourage** a Young Writer Day is an excellent opportunity to speak with young writers about their **ideas** and **ambitions**.

How you can encourage a young writer on this day

- Gift a journal
- Offer resources
- Encourage reading

Earth Day



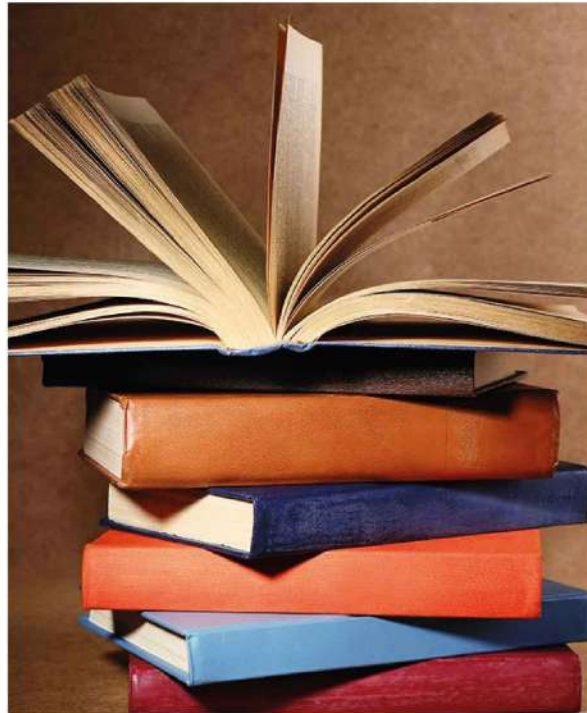
Earth Day 2022 calls on everyone to divest from unsustainable investments; support eco-conscious brands and products; and use their skills and voice to **fight climate change**. There are also several ways to celebrate at home or in your backyard using the concepts of **"Reduce, Reuse, Recycle"**.

Earth Day became a global event, mobilizing **200 million people** to encourage environmental protection and encourage people to recycle. Earth Day is celebrated annually on 22 April. The Earth Day 2022 theme is **'Invest In Our Planet'**. Read our **Blog** on the same.

Happy Earth Day!

World Book Day

World Book Day changes lives through a love of books and shared reading. Our mission is to **promote reading** for pleasure, offering every child and young person the opportunity to have a book of their own. World Book Day was created by **UNESCO** on 23rd April 1995 as a worldwide celebration of books and reading. It is marked in over **100 countries** around the globe.



The enjoyment of reading books is celebrated on World Book Day on April 23. It's a day to celebrate the privilege of being able to read, so head to the library or curl up on the couch and just be a **bookworm!**

That's why World Book Day continues to encourage children and young people to read for pleasure through its work with authors, illustrators, publishers, bookshops and libraries. Spending just **10 minutes** a day reading and sharing stories with children can make a crucial difference to their future success and it is **fun** for all involved.

World Malaria Day

World Malaria Day (WMD) is an occasion to highlight the need for continued investment and sustained political commitment to **malaria prevention** and control. It was instituted by the WHO Member States during the World Health Assembly of 2007.

Globally, **3.3 billion people** in 106 countries are at risk of malaria. In 2012, malaria caused an estimated **627,000 deaths**, mostly among African children.

World Malaria Day 2022 will be marked under the theme "**Harness innovation to reduce the malaria disease burden and save lives**". This will reinforce how investments in ending malaria save lives and are a pathway to improving economic growth, and preparing for future health threats, to achieve **A SAFER WORLD**.

These themes resonate with donors and endemic countries as we look to make the strongest case for **GLOBAL FUND REPLENISHMENT**.



International Dance Day



Dance is known as the **first form** of human art from which the other art forms grew. It is one of the most expressive forms of performing art which is all about movements rhythmically. These movements are often known to have **aesthetic and symbolic** value as every other art form.

Dance is one of the ultimate activities to destress, lose inhibitions, meet new people, and boost physical health. The annual tradition encapsulates people around the globe, from professional dancers to individuals that would usually stand well back.

Take your **passion** and make it happen this **Dance Day**.

Happy International Dance Day!



Innovative fundraising campaign award

Filaantro was selected to receive the **World CSR Congress** award for the **Innovative fundraising campaign**. This award was an excellent morale booster that will encourage the team to continue doing the best work in crowdfunding.

Thank you to all the team members, campaigners and donors. This was possible because of **YOU. Thank you.**

Raise To Win: Season 2

After a successful Season 1, we are excited to announce Season 2 of the **“Raise To Win”** contest, an opportunity for NGOs and Individuals to supplement the funds raised through **crowdfunding efforts** with additional **grant support** from Filaantro to make fundraising a truly rewarding experience.

Our team is twice charged with learnings doubled, offering double the fun for RTW Season 2 contestants!! Thinking Fundraising? Think **“Raise To Win”** on Filaantro.

Grab this opportunity and register now !



Skills Development for Transgenders, Sex workers, Migrants and Youth from vulnerable and economically poor backgrounds



Skill Development is a very important activity for **training youth** by providing those skills which **enhance** their Employment / Self-Employment **opportunities**.

With the help of Filaantro's RTW contest, NGO Auxilium Skills Academy raised **₹ 1,29,499/-** (Rupees One Lakh twenty nine thousand and four hundred and ninety nine only) for completing their mission to **promote** the advancement of **vocational** and **technical education** for the marginalized and school dropout youth, rag pickers, migrants, sex workers, transgenders and orphan youths spread in four South and East Indian states.

With your donations, there will be a change in the lives of these **underprivileged** to acquire life-supporting skills offered by **Auxilium Skills Academy**.

Thank you!

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Rashod was suffering from Acute Lymphoblastic Leukemia



Rashod, a **2-year-old boy** from Howrah, West Bengal. Mr. Asman Ali (father) works as a labour and his mother Mrs. Rijiya Khatun is a housewife.

Rashod started losing weight and got frequent fevers. Concerned about his health, his parents consulted several doctors for his recovery but to their dismay, **he did not** show any **recovery**. Hence the doctor advised his father to shift him to St. John's Medical College, Bangalore.

Rashod's father consulted the doctor from St. John's Medical College for treatment. After the medical tests were done, he was diagnosed with **acute Lymphoblastic Leukemia**. He was suggested to undergo Chemotherapy as a part of his treatment.

The cost of Rashod's treatment was **Rs. 1,50,000/-** (Rupees one lakh fifty thousand only). With the help of our Donors the treatment was **successful** and Rashod **won** against **Leukemia**. His family is **thankful to all the Donors**.

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Poor fisherman needs your help to save his 7-days-old babies!



The twins of Mrs. Shareen and Mr. Solomon are **seven-days-old**. Born in the seventh month of pregnancy, they suffer from extreme symptoms of prematurity. Their father, the **sole breadwinner** in the family of five, is a fisherman and earns only **Rs. 7,000/- per month**.

Their mother is a homemaker, and their grandfather is a retired fisherman. The family lives in Ernakulam, Kerala.

Mrs. Shareen faced some complications during her pregnancy. The doctors at Lourdes Hospital suggested an **urgent C-Section** to **save the babies and the mother**.

The babies are currently in the NICU at Lourdes Hospital, Kerala. The estimated cost of both their treatments collectively is **Rs. 6,00,000/-** (Rupees Six Lakhs Only). The babies would require one month of NICU stay.

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14 y/o boy needs your support to beat Blood Cancer



Muhammed Shahal, a **14-year-old boy** is suffering from **T- cell Lymphoblastic Lymphoma**. His father, Mr. Saleem is a labourer who works as and when he gets work and earns up to Rs. 900/- per day. His mother, Mrs. Rasina is a homemaker. The family lives in Kozhikode, Kerala.

In December 2021, Muhammed Shahal noticed that he is **not able to breathe** properly and it **pains in his chest** whenever he tries to breathe. His parents took him to a government hospital, where a test result showed **swelling** in his lungs.

Later when his parents took him to **MVR Cancer Centre** and Research Institute, Kerala, several tests diagnosed him with blood cancer. The doctors suggested **Chemotherapy** as a part of Muhammed Shahal's treatment.

The estimated cost of the treatment is **Rs. 6,00,000/-** (Rupees Six Lakhs Only). Please help him in his fight against cancer.

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Thank You Donors.

We appreciate you coming forward and contributing in making a difference in the society.

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